



Pirogov Russian
National Research
Medical University

Freshman Book

РОССИЙСКИЙ ГОСУДАРСТВЕННЫЙ МЕДИЦИНСКИЙ УНИВЕРСИТЕТ

2023

Where am I?



2 Where am I?

The official name of the University and the map

3 What is necessary?

About medical gowns, caps, shoes and ect

5 Meet&Greet

Rector's office, Dean's office, Alumni club, Competence Center, Quality of education

11 Key moments

Schedule, how to enter the University, wardrobe, departments, "SRS", library, food, accounting, document management department, internship, payments and dormitory

21 Live comfortably – follow the rules

Official documentation and useful tips

23 Students

Student Council and its directions

40 Konakovo

Place of power worth visiting

41 Let's keep in touch!

Info resources

Where am I?



The map of
the University

Dear friend, we are happy to welcome you to our University and congratulate you on your enrollment!



Our University is often called the Second Med Uni, sometimes simply – Pirogov Medical University, but the full name sounds like this:

Pirogov Russian National Research Medical University (RNRMU).

приоритет2030^

In 2021, the University entered **Priority 2030**, it is the main state program for the development of higher education. The main goal is to transform the university ecosystem, so that medicine, education and science could develop together, closely interacting.

Strategic projects are “Neurocampus”, “Immunomedicine”, “Institute for the Study of Aging”, “Institute for Digital Transformation of Medicine”, “Red Cross Academy”.

In 2022 Pirogov Medical University became one of 30 Russian universities that were included in the federal project «**Advanced Engineering Schools**» (AES).



The University has opened an AES “Medical Engineering”, implementing scientific and educational projects. In 2023, the first admission to the AES master’s program “Cell and gene therapy” took place.

The main objective of the curriculum is to train specialists with the most up-to-date knowledge and high-tech skills, because the industry is forming a demand for such personnel right now. RNRMU AES also runs advanced training programs and professional retraining in the field of medical instrumentation, bioinformatics and genomics, and cellular technologies.

What do you need



Pass, campus card and QR code

At the beginning of the year, you will be given a pass to the University, which will allow you to enter the territory of the main building. The pass is also used to check attendance at offline lectures (more details on page 13).

Furthermore, the campus card works as a bank card - the scholarship will be transferred here. In addition, available:

- «TROIKA» transport application;
- loyalty program «MIR»;
- bonus program «SPASIBO».

Repository of educational information

During lectures and seminars you will be told a lot of new things, regardless of the preparation. Take notes using a laptop, tablet or in notebooks. Please make sure that professors do not object to you taking photos or recording audio and video.

N. B. The schedule, place of issuing of the campus cards and the documents will be published on the University's website and social networks, the information will also be distributed through tutors.

How to enter your personal account

We will talk about the electronic system of the University in another section. The gadget is needed to enter your personal account. You can use your smartphone, tablet or laptop. You can also download textbooks to lighten your backpack.

Stationery

Pens: are used for notes and preparation for classes. It is better to use black, blue and purple ones. For highlighting words all colors are good. A blue ballpoint pen will be needed for signatures.

Pencil and eraser: are used for accurate drawing schemes. HB-pencil is enough.

Color pencils: are used for drawing microphotographs. Required colors – purple, dark blue, light blue, yellow, red and pink. Markers are not allowed.

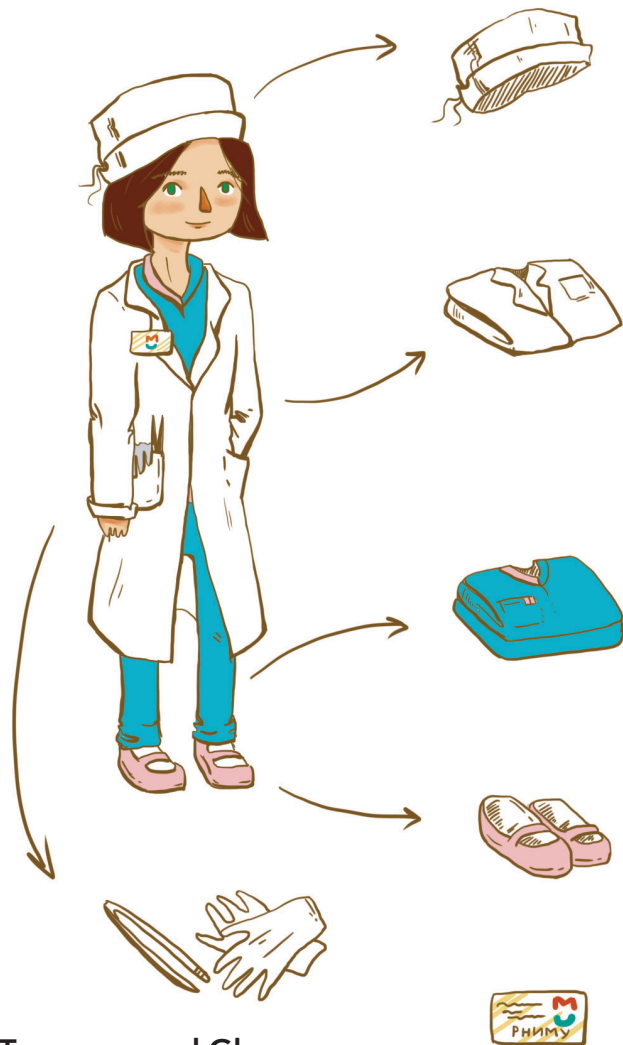
Notebooks: 18 page-cell notebooks are used for laboratory works. For abstracts and preparation for classes, you may use more than 48-page notebooks for each subject.

Ruler: a protractor is a good one.

Albums: for morphology or biology lessons you will need twenty page A4 albums.

Sport uniform

There are no special rules. The form should be comfortable and sneakers should be clean.



Tweezers and Gloves

Relevant for General Medicine and Pediatrics Faculties students. When working with biological material in anatomy classes, you must have disposable gloves and anatomical (without prongs) tweezers. Without them, teachers may not allow access to the exhibit items.

N. B. A medical gown, tweezers, necessary stationery items, branded hoodies and T-shirts, as well as other items that will be useful to you in the educational process can be purchased at the University gift shop. Where to find it - see page 13.

Cap

It is used in anatomy, histology departments and at the clinical bases of the University. It is better to always carry it with yourself. You may not be allowed to enter the classroom without a cap. There are a lot of colors, but the white one would be the best option.

Medical Gown

Dense texture: we advise you to wear a gown that is made of cotton or synthetics. Such fabrics are easy to wash, practically do not wrinkle and are pleasant to the touch. Length—below the knee, long sleeve: It will protect you from corrosive substances, which you will use in the departments, for example, formalin on anatomy. When you choose a gown size – don't forget that you will wear a sweater in winter.

Surgeon Suit

You will need it in clinical disciplines and during clinical practice. It consists of a short-sleeved shirt and pants. Choose any color except for black, dark blue or dark red, so that you can notice the blood stains on your suit.

Indoor shoes

It is better to take a rubber or leather pair. It is easily washed and becomes dirty not so fast. You will need them during clinical practice.

Badge

For classes at hospitals, you may need a badge (paper or metal).

Meet Rector's office



Sergey Anatolyevich Lukyanov

Rector of RNRMU

PhD, DrSci, Full Member of Russian Academy of Science

Sergey Anatolyevich Lukyanov heads University since 2016.

Scientific interests – molecular biology and genetic engineering. He and his colleagues discovered new fluorescent and stained proteins, as well as mutants of fluorescent proteins, trained 10 Ph.D. in Medical Sciences and one Advanced Doctor in Medical Sciences.

Sergey Anatolyevich is the author of about 180 scientific papers published in domestic and foreign journals, as well as the author of more than 37 Russian and foreign patents.

<<Our University is not just walls, rooms, equipment, lecture halls, bases, these are schools that go not even through decades, but through centuries. We carry this knowledge carefully, passing it on to you with the hope that you will not only use it, but also carry it further>>

Vice-rectors

Vice-rectors help the rector in leadership, each one is engaged in their own direction.



Vice-Rector for Economics
Alexander Kopusov



Vice-Rector for Youth Policy
Vladislava Belyakova



Vice-Rector for Postgraduate
and Continuing Education
Olga Prirodova,
MD, PhD



Vice-Rector for Medical Work
Hristo Takhchidi,
MD, PhD, DrSci, Full Member of Russian
Academy of Science



Vice-Rector for Security
Yuri Zhogolev



First Vice-Rector - Vice-Rector
for Strategic Development
Georgy Nadareishvili



Vice-Rector for Academic Affairs
Olga Milushkina,
MD, PhD, DrSci, Associate Professor,
Corresponding Member of Russian
Academy of Science



Vice-Rector for Research
Denis Rebrikov,
PhD, DrSci, Full Member of Russian
Academy of Science



Vice-Rector for General Affairs
Denis Lozhkov



Vice-rector for work with separate
structural divisions
Dmitry Shagin,
PhD, DrSci



Vice-Rector for International Affairs
Nadezhda Bylova
MD, PhD, Associate Professor

N. B. All faculties and institutes of our University are subordinate to the Vice-Rector for Academic Affairs.

Meet Dean's office



You can find more
Information about
faculties on the official
website.

Each faculty is headed by a dean. Deans, Vice-Deans and methodologists constitute the dean's office.

Objectives of the dean's office:

- Enrolls students in the faculty together with the admissions committee;
- Organizes the educational process - distributes students into groups, draws up a schedule;
- Keeps track of students and their academic progress.

Students could apply to the dean's office for:

- obtaining permission to take examination one more time;
- to obtain a pass to the University if it is lost;
- for stamping the record book before the session.
In large groups (at medical, pediatric faculties), stamps are affixed through the head of the group;
- for reference information.

A separate associate dean is responsible for each course. You can find out your deputy dean and his office hours by following our QR codes.

Multifunctional student center

Its main objectives include:

- information and reference support for students in matters of the educational process, scholarships and social security;
- maintaining an archive of students' personal files;
- maintaining documentation support for students (formation, accumulation, application, storage of materials related to the stages of training);
- organization and control of recording the movement of students, graduates and expelled students.

N. B. At Institutes, departments involved in organizational activities can be called differently. You can check the name on the University website.



Dean of the Faculty of General Medicine
Dvornikov Anton,
MD, PhD, DrSci, Professor,
+7 (495) 434-36-90, dvornikov_as@rsmu.ru



Dean of the Faculty of Pediatrics
Ilyenko Lidia,
MD, PhD, DrSci, Professor,
+7 (495) 434-85-73, pf@rsmu.ru



Dean of the Faculty of Biomedicine
Egor Prokhorchuk,
PhD, DrSci, Full Member of
Russian Academy of Science
+7 (495) 434-35-21, dekmfbf@rsmu.ru



Director of the School of Dentistry
Igor Kopetsky,
MD, PhD, DrSci, Professor
+7 (495) 434-50-38, m-sf@rsmu.ru



Director of the Institute of Clinical Psychology and Social Work
Vera Nikishina,
PhD, DrSci, Professor
+7 (495) 434-61-90, nikishina_vb@rsmu.ru



Dean of the International School of Medicine
Nadezhda Bylova,
MD, PhD, Associate Professor
+7 (495) 434-22-66, ims@rsmu.ru



Director of the Institute of Pharmacy and Medicinal Chemistry
Vadim Negrebetsky,
PhD, DrSci, Associate Professor, Full Member of
Russian Academy of Science
+7 (495) 434-04-65, negrebetsky1@rsmu.ru

Meet Alumni club



RNRMU sometimes is called a second home; you do not want to leave it, even when your studies are over. After graduating from the University, you will enter the Alumni Club and become part of a friendly family of students of RNRMU.

In the Alumni Club, you will be able to continue to actively participate in the life of University together with different generations of graduates of RNRMU.

Club members help the University to develop and support each other's professional growth and to preserve and enhance the traditions of the RNRMU. They also publish their own magazine, where they publish information about the achievements of community members: doctors, scientists and public figures who consider the RNRMU their home.

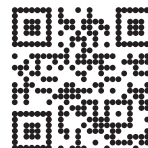
The club organizes alumni meetings and **photo sessions** that help you re-immersing yourself in the life of the University. At the beginning of the school year, you will take part in one of them: The club conducts a shoot for freshmen. When you finish your studies, you will see these photos at your graduation and remember the very first happy moments of your student life.



Website:
alumni2med.ru



Telegram channel:
"Meet me at
the panel"
@upanno



Vkontakte:
@alumni_2med

alumni2med@rsmu.ru,
+7 (495) 434-22-66, ext. 0150.

Meet Competence Center



Telegram channel of
the Competence
Center of our
University
@alarmmimu

At RNRMU, students are given the opportunity to master not only the basic educational program, but also **additional professional education programs** aimed at developing general competencies, digital fluency, and social design skills. Students also have access to training in programs for obtaining a **second qualification**, which opens up additional employment opportunities.



The Competence Center is a joint project of the autonomous non-profit organization Russia - the Land of Opportunities with leading universities.

Each participant can select the necessary educational programs to develop the competencies that interest him. The center will help students improve management, communication, business and other skills, taking into account the opinions and requests of the employer.

Russia - the Land of Opportunities has created various tests and questionnaires, which will be useful to determine the level of a particular competency.

To take the test, you must register in your personal account on platform <https://rsv.ru/>, indicating your full name and selecting the Competence Center of our University. Each participant will be sent a personal report on the results of tests taken with recommendations for further development.

To become participants in the Competence Center project, you have to be a student or resident of RNRMU.



The quality of education

Medicine is one of the most demanding and challenging professional fields. In order to be successful in their work, applicants think about the **quality of education** they will receive during their studies.

The main paradigm for assessing the quality of education in universities includes student assessment and assessment from employers.



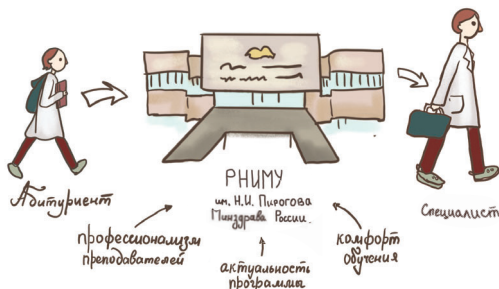
How exactly do factors influence learning?

Let's give an analogy. There is a cheese production plant. The quality of the product will depend on the characteristics of the milk, the professionalism of the plant workers, verified recipes and production conditions.



Highly qualified specialists are a commodity in the job market. To be in demand you need to meet the employer's expectations, which include both subject knowledge and cross-professional skills.

Obtaining the necessary knowledge and immersion in medicine depends on the student characteristics and invested effort, comfort of learning, relevance of the educational program and professionalism of teachers.



What about RNRMU?

Pirogov Russian National Research Medical University students evaluate education through surveys that are developed and analyzed by the Center for the Study of Public Opinion.

"Anonymously about RNRMU" - students evaluate University infrastructure and learning conditions. The full treatment of this survey includes a series of infographic cards.

"By discipline" - students evaluate productivity and complexity of classes, time for preparation and problems they faced. Full processing of this survey consists of creating a rating of departments, assessing the complexity and productivity of disciplines, and the work of the teacher.

The ranking of departments is presented in the form of cards, which contain the following information:

- name of the department indicating the faculty/institute. The rating includes departments that interact with the automated educational system;
- overall rating. Calculated based on answers to the question: "What categories of problems did you encounter in class?";
- rating by parameter. The higher it is, the fewer students encountered problems while studying at the department;
- the semester being assessed. The survey is conducted at the beginning of each semester in the disciplines of the previous semester. For example, assessment of disciplines for the spring semester of 2020/2021 year was held in the autumn semester of 2021/2022 year.

To take part in the assessment, as well as learn existing infographics, pay attention to new surveys in the group of the Center for Public Opinion Research. Their information is regularly transmitted to the vice-rectors. [\(continued on page 29\).](#)

ПРИМЕЧАНИЕ:

Лекции проводятся в дистанционном формате. Дисциплина: История медицины проводится дистанционно.

Дополнительные занятия проводятся дистанционно.

Практика по получению первичных профессиональных умений и навыков педиатрического профиля проходит на кафедре " Препаративная детская болезней ПГБ"

СМОТРЕТЬ ДОПОЛНИТЕЛЬНОЕ РАСПИСАНИЕ ЗАНЯТИЙ

Наименование пед. факультета	Л.И. Ильинен
Начальник учебного отдела Управления по учебно-методической работе	Е.В. Келесасова

УТВЕРЖДАЮ Проректор по учебной работе О.Ю. Милушкина 12 января 2022 г.										
РАСПИСАНИЕ ЗАНЯТИЙ студентов 1 курса педиатрического факультета, программы специалитета по специальности 31.05.02 Педиатрия, направленность (профиль) "Педиатрия", очной формы обучения в весеннем семестре 2021-2022 учебного года. Начало семестра 07.02.2022 года. Окончание семестра 03.06.2022 года. Экзаменационная сессия с 04.06.2022 года Продолжительность теоретического обучения - 16 недель.*										
ПОТОК "Б"										
1-16 недель	2.1.10	2.1.11	2.1.12	2.1.13	2.1.14	2.1.15	2.1.16	2.1.17	2.1.18	
	12.00-13.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка.				14.10-16.50 Биология					
1-16 недель	14.10-16.50 Гистология, эмбриология, цитология				17.00-19.30 Гистология, эмбриология, цитология					
	17.00-19.30 Биология				10.30-12.10 Латинский язык					
1-16 недель	9.00-12.20 Практика по получению первичных профессиональных умений и навыков педиатрического профиля (по 1 н.)				10.20-12.00 История медицины		10.20-12.00 История медицины			
	9.00-10.40 Философия (по 2 н.)				14.00-17.20 Практика по получению первичных профессиональных умений и навыков педиатрического профиля (по 1 н.)		14.00-15.40 Философия (по 2 н.)			
1-16 недель	14.20-16.00 История медицины				14.00-15.40 Философия (по 2 н.)		14.00-15.40 Философия (по 1 н.)			
	18.00-21.20 Практика по получению первичных профессиональных умений и навыков педиатрического профиля (15.03.22, 22.03.22)				18.00-21.20 Практика по получению первичных профессиональных умений и навыков педиатрического профиля (15.03.22, 22.03.22)		8.00-19.40 Философия (29.03.22, 05.04.22)			
1-16 недель	18.00-19.40 Философия (29.03.22, 05.04.22)				18.00-21.20 Практика по получению первичных профессиональных умений и навыков педиатрического профиля (15.03.22, 22.03.22)		18.00-19.40 Философия (29.03.22, 05.04.22)			
	18.00-19.40 История медицины (12.04.22, 19.04.22)				18.00-19.40 Латинский язык (12.04.22, 19.04.22)		18.00-19.40 История медицины (12.04.22, 19.04.22)			
1-16 недель	18.00-20.30 Гистология, эмбриология, цитология (26.04.22)				18.00-20.30 Биология (17.05.22)		18.00-20.30 Биология (26.04.22)			
	18.00-20.30 Биология (17.05.22)				18.00-20.30 Гистология, эмбриология, цитология (17.05.22)		18.00-20.30 Гистология, эмбриология, цитология (17.05.22)			
1-16 недель	18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)				18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)		18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)			
	18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)				18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)		18.00-19.40 Физическая культура: 1. Игровые виды спорта и единоборства. 2. Общая физическая подготовка (24.05.22)			
1-16 недель	8.30-10.10 Иностранный язык				8.30-10.10 Латинский язык		8.30-10.10 Латинский язык			
	10.30-12.10 Латинский язык				10.30-12.10 Иностранный язык		10.30-12.10 Иностранный язык			
1-16 недель	12.40-16.00 Анатомия человека				12.40-16.00 Анатомия человека		12.40-16.00 Анатомия человека			
	16.20-18.00 Безопасность жизнедеятельности				12.20-14.00 Безопасность жизнедеятельности		14.10-16.50 Медицинская и биологическая физика			
1-16 недель	14.10-16.50 Медицинская и биологическая физика				14.10-16.50 Общая и биорганическая химия		17.00-19.30 Медицинская и биологическая физика			
	17.00-19.30 Общая и биорганическая химия				17.00-19.30 Медицинская и биологическая физика		17.00-19.30 Медицинская и биологическая физика			
1-16 недель	8.30-10.00 лекция: АНАТОМИЯ ЧЕЛОВЕКА (1,3,5,7,9,11,13,15 н.) / БИОЛОГИЯ (2,4,6,8,10,12,14,16 н.)				10.30-12.00 лекция: ГИСТОЛОГИЯ, ЭМБРИОЛОГИЯ, ЦИТОЛОГИЯ (1,3,5,7,9,11,13,14 н.) / БЕЗОПАСНОСТЬ ЖИЗНЕДЕЯТЕЛЬНОСТИ (2,4,6,8,10,12 н.)		13.00-14.30 лекция: МЕДИЦИНСКАЯ И БИОЛОГИЧЕСКАЯ ФИЗИКА (1,3,5,7, 9,10,11,12 н.) / ОБЩАЯ И БИООРГАНИЧЕСКАЯ ХИМИЯ (2,4,6,8 н.)			
	15.00-16.30 лекция: ИСТОРИЯ МЕДИЦИНЫ (1,3,5,7,9,11,13,15 н.) / ФИЛОСОФИЯ (2,4,6,8,10,12,14,16 н.)				15.00-16.30 лекция: ИСТОРИЯ МЕДИЦИНЫ (1,3,5,7,9,11,13,15 н.) / ФИЛОСОФИЯ (2,4,6,8,10,12,14,16 н.)		15.00-16.30 лекция: ИСТОРИЯ МЕДИЦИНЫ (1,3,5,7,9,11,13,15 н.) / ФИЛОСОФИЯ (2,4,6,8,10,12,14,16 н.)			
ФОРМА ПРОМЕЖУТОЧНОЙ АТТЕСТАЦИИ:										
Название дисциплины:					Форма промежуточной аттестации:					
1. Анатомия человека					зачет					
2. Биология					экзамен					
3. Гистология, эмбриология, цитология					экзамен					
4. Медицинская и биологическая физика					зачет					
5. Общая и биорганическая химия					экзамен					
6. Иностранный язык					зачет					
7. Латинский язык					зачет					
8. История медицины					зачет					
9. Безопасность жизнедеятельности					зачет					
10. Философия					зачет					
11. Практика по получению первичных профессиональных умений и навыков педиатрического профиля					зачет					
12. 1. Физическая культура: игровые виды спорта и единоборства. 2. Физическая культура: общая физическая подготовка					зачет					
ПРИМЕЧАНИЕ: Лекции проводятся в дистанционном формате. Дисциплина: История медицины проводится дистанционно. Дополнительные занятия проводятся дистанционно. Практика по получению первичных профессиональных умений и навыков педиатрического профиля проходит на кафедре "Профилактики детских болезней Пб" СМОТРЕТЬ ДОПОЛНИТЕЛЬНОЕ РАСПИСАНИЕ ЗАНЯТИЙ Дека педиатрического факультета Начальник учебного отдела Управления по учебно-методической работе										
Л.И. Ильенко					Е.В.Келексеева					

4. Additional classes.

If a class is missed due to holidays, a replacement is scheduled. Near the subject in parentheses is a date, which indicates that the class will be held only on that day (not every week).

5. Lectures.

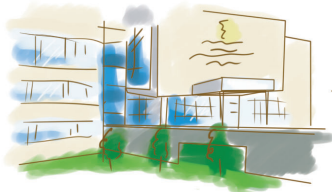
Depending on the week number of the semester, the discipline in which the lecture will be given will vary. The date the schedule was approved.

6. All subjects are listed here and the form for passing the intermediate certification is indicated. By the last day of the semester, you must obtain admission to the exam session, otherwise you will be expelled before the exams.

For other disciplines you need to pass all tests (or you will be sent to a commission). P.S. In fact, do not forget that, as a rule, the subjects in which you have a test will become exam subjects in the future.

7. Don't forget to look at the notes, which indicate which classes are conducted in a distance format, the departments where the internship takes place, and other additional information!

How to enter RNRMU



Rector's entrance

The rector's entrance is located on the third floor and is open from 7:00 to 22:00.

Upon entering, the reception and administrators are located on the left. Here you can find out the location of the required department. Lost items are also brought here.

- This entrance is most suitable for those coming from the hostel or from the Konkovo metro station.
- From here it is easy to get to the rector's office by going up to the 4th floor.
- Also located nearby are the accounting department and the department of disaster medicine; social sciences and humanities; histology, embryology and cytology of General Medicine; chemistry.



Corporate communications

Location: rector's entrance, reception desk.

The department's employees are engaged in issuing two types of passes:

- a QR code that will be sent to the personal email specified when submitting documents or in the application (for guest admission);
- an electronic access card, which can be obtained at the reception desk.



Student entrance

The student entrance is located on the ground floor, between the rector's office and the stylobate.

Opening hours: from 7:00 to 20:00. There is a wardrobe right next to the entrance, which starts accepting clothes from 8:00.

To the left of the entrance there is a Sberbank ATM, to the right there is a souvenir shop "2med1love" and a bookstore with educational literature.

Opening hours: 9:00 – 18:00.



Gift shop «2med1love»

Located opposite to the student hall entrance, next to the bookstore.

There are RNRMU souvenir products for sale: thermal mugs, shoppers, sweatshirts, T-shirts.

Opening hours: 9:00-18:00.

Vkontakte: @2medonelove.

Website: shop.rsmu.ru.



Stylobate

The stylobate is located on the ground floor, the entrance is from the parking lot. Open from 7:00 to 20:00.

There is a wardrobe here, where there are often no queues. This is the shortest route from the street to auditorium A5 and the anatomy department.

- Next to this entrance there is a coworking space with comfortable sofas and tables where you can both relax and study.



Wardrobe

In addition to three wardrobes near the entrances, there is also a wardrobe at the Sports Complex.

How wardrobes work

In exchange for clothes, employees give you a number.

In exchange for a number they give you your outerwear.

Please note that the wardrobe does not accept shoes, bags with things and umbrellas.

Departments

Types of departments

General education departments

are engaged in expanding their horizons in the field of medicine. And not only: for example, in the field of social sciences and humanities.

Fundamental departments

teach the basics that are necessary for further study of medicine.

Clinical departments

are located in hospitals. They give the information which students look forward to from the first year and which directly helps in their future profession.

Departments can teach several disciplines (department of humanities) or one (department of anatomy). Each department is assigned to one faculty. You can find out which faculty the department belongs to on the University website. Knowing this fact will allow you to fill out the Rating of Departments, which is maintained by the Center for the Study of Public Opinion.

Teachers

Real teachers

Those teachers with whom you meet face to face in the classes. All teachers teach classes.

Lecturer of the department

Conducts seminars and lectures, accepts detentions, and monitors the attendance of a specific group.

Head of academic department (head teacher)

The most knowledgeable person about changes in training rules, he is engaged in methodological work.

Head of the department

Can conduct seminars and lectures, most often does not accept detentions, represents the department at various meetings, for example, the Academic Council.

Colloquiums (midterm exams)

There are in addition to classes, tests and exams.

Essentially, this is a mini-exam in which you will be asked everything about the sections that you have completed since the start of classes. Usually there are two or three colloquiums in a discipline per semester. To successfully pass the colloquium, you need to put in a lot of effort. So, if you answered below the passing grade in class or missed it altogether, the teacher will assign you detention. Until you complete your detention, you will not be allowed to attend the colloquium.

Not all teachers notify students that they need to work on classes, so track your progress in the student's office. There is a stand at the department on which the training schedule is posted.

Remember: the less work you have, the easier it is to cope with the current program, and the higher the chance of successfully completing the semester.

Virtual teachers

That is, those who provide points to the system.

Lecturer of the department

Has limitations in the automated educational system, must provide scores within two weeks. If the teacher missed the maximum deadline, only the electronic head teacher can correct the error.

Electronic head teacher of the department

There is no time limit for entering points into the system and is engaged in correcting errors.

N. B. If you face a case of corruption, contact the Anti-Corruption Committee or CIOM. Sometimes proceedings can take some time, but your appeal can help future students.

Score rating system (SRS)

The score rating system (SRS) is a system for determining the level of success of a student's mastery of academic disciplines. It is based on the cumulative principle of assessing the results of educational activities.

All issues related to SRS are dealt with by the department of electronic educational resources (email - eor2.rsmu@gmail.com), at the department - by the electronic head of the educational department, and the teachers of the department are responsible for assigning points to electronic journals of classes. To create a student's personal account and track progress, you need to register on the website ks2.rsmu.ru. When registering, you must indicate the email that you wrote in the application to the admissions committee upon admission.

SRS:

- the opportunity to track your successes and failures, which stimulates more active and continuous learning;
- protection from "accidents" during the exam - receiving a "satisfactory" grade by a student with high academic performance, and an "excellent" grade by a student with low academic performance;
- objective and independent assessment by teachers of students' knowledge.

SRS at RNRMU has a 10-point (or multiple of 10) grading system with minor features. First you need to familiarize yourself with grading intervals for exams.

Types of ratings

Disciplinary control: attending lectures.

Ongoing control: attending practical and seminar classes and passing ongoing controls (tests, written and oral surveys, laboratory work, etc.).

Milestone (modular) control: performing modular control. It is mandatory for everyone; without passing it, you cannot receive a discipline test.

Semester (final) rating: overall rating for the semester.

Examination rating: rating for the discipline, taking into account the exam grade and study in all semesters of studying the discipline.

ks.rsmu.ru



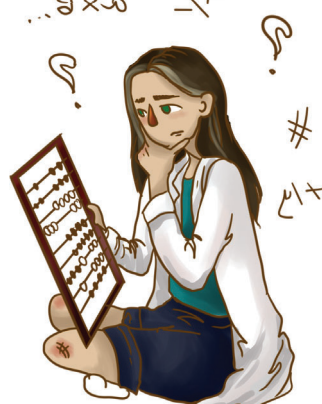
N. B. In the name of the site, ks means "office student." There is an almost complete copy of this site, but with a different address - aos.rsmu.ru: where "aos" stands for automated educational system, this site is intended for teachers.

How to convert percentages to your mark

- up to 69.99% - unsatisfactory;
- from 70.00 to 79.99% – satisfactory;
- from 80.00 to 89.99% – good;
- from 90.00 to 100.00% – excellent;

Based on this we can say that:

- 7 – is a passing grade, a three.
A little bit and «unfortunate» or C-D
- 8 – is a rating of four or B
- 9 – is a rating of five or A
- 10 – is the highest score, 100% excellent.
Or five with a plus or A+

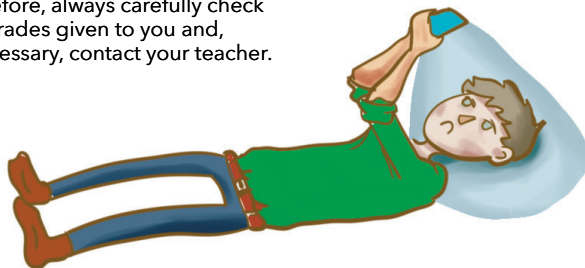


The final grade includes 70% semester rating and 30% exam

For example, if your semester rating is 88.91% and your exam rating is 96.00%, then the grade calculation looks like this:

$88.91\% \cdot 0.7 + 96.00 \cdot 0.3 = 91.037$ - "excellent" rating.

N. B. Unfortunately, sometimes problems arise in the exam when a person who studied excellently cannot get an A because of the semester rating. Therefore, always carefully check the grades given to you and, if necessary, contact your teacher.



Library

Departments

The department of education literature

Provides students with textbooks at the beginning of the semester and takes them back when the subject is finished.

The department of scientific and fiction literature

Those who have not found the book they need in the department of education literature come here.

Electronic reading room

Provides access to electronic versions of textbooks and free Wi-Fi.

Reading room

A place at the University where it is quiet and you can prepare for classes.

Where to eat

A student, in addition to food for thought (and there will be plenty of it), also needs physical food, so let's talk about where you can eat at our University or near it.

Shawarma – shawarma, coffee, tea and soft drinks.

Pizzeria – pizza, coffee, tea, sandwiches, pies and chocolates, soft drinks. There is a microwave!

There is a **food court** in the transition between the academic building and the dining room - you can also have a snack there. You can also charge your phone and take a selfie against the backdrop of portraits of University professors.

The dining room is a place where you can have a hearty meal. There is a microwave for heating food.

Food vending machines – if you don't make it to the canteen because of a short break, then this option is quite tolerable: next to the panel (and not only) there are vending machines with snacks and coffee.

The teachers' cafeteria is where students can also eat, hot dishes, burgers, desserts are offered. However, you should be careful: there is a time when only teachers can have lunch and rest.

Breakfast for all guests from 09:00 to 11:00.

Lunch for employees from 11:00 to 15:00.

Brunch for all guests from 15:00 to 19:00.



How to get a book

After your first visit to the library, you become the owner of a library card. To borrow a book, you need to show your student ID and give your library number.

Check books for marks with a pencil or pen, and if you find them, show them immediately to the librarian. He will leave a note about them on the first spread.

This will save you from problems when returning books: in the best case, you will have to use an eraser, in the worst case, you will have to buy the same book at your own expense.

N. B. If the deadline for submitting textbooks has passed, the student is deprived of the right to use the library from one semester to several years.



You can find out all the latest information about the library's work on the VKontakte page.

Accounting and document management department

The accounting department deals with all issues related to tuition fees and scholarships. It is planned that the first scholarship will be transferred to a campus card, which will be issued within a month at the University.

All stamps are placed in the document flow department. Most often, it is necessary to put a stamp on the certificate (after which the certificate becomes valid) or on the student card (extension of its validity for the academic year).

The document management department stores all documents, orders and sample signatures, where each new document receives its own registration number, after which it is published on the website.



Internship

Faculty of General Medicine and Faculty of Pediatrics

Students of the medical and pediatric faculties undergo introductory internship during the first year of study. Depending on the clinical base and epidemiological situation, classes are held either in person or remotely.

The headman will tell you the address of the hospital, and the headman will also give you a list of tests that need to be completed before the start of classes. It is better to arrive early to have time to change clothes and find the right department.

Practice checklist

- Student ID
- Medical gown and cap
- Surgical suit
- Clean shoes
- Health certificates, vaccination card, medical record
- Snack
- Mask

School of Dentistry

Dentistry students complete the internship "Assistant to ward nurse" from the first year.

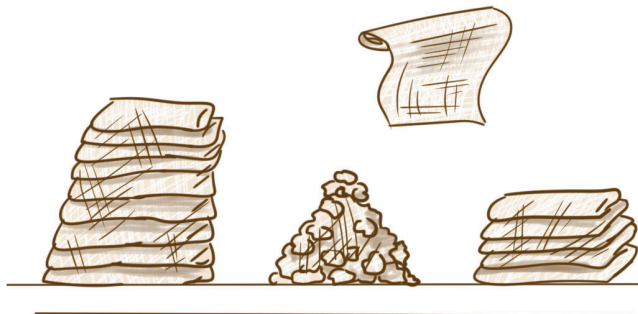
Faculty of Biomedicine

After the first year, Biomedicine students undergo an on-site biological internship at the Konakovo base. Students receive theoretical knowledge that will help them in the future, and also practice various skills, such as working with soil, calculating the toxicity of aquatic environments, assessing soil quality, and counting the number of microorganisms.

Institute of Pharmacy and Medicinal Chemistry

The practice in the first year is called "Botanical Field Practicum". Students repeat material from the entire year of study and also develop practical skills. They visit forested areas, collect plants and identify them. give them Russian and Latin names.

Students also practice making a herbarium. This practice is very useful, since in senior years it will be easier to complete practical tasks, relying on the knowledge that students acquired during practice during the first year.



Institute of Clinical Psychology and Social Work

Clinical psychology

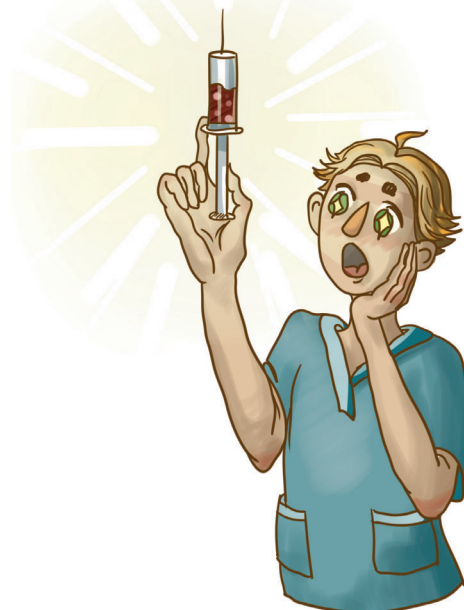
In the first year, Clinical Psychology students complete an internship during which students become familiar with the specifics of the work of a clinical psychologist in various fields, and visit social institutions to observe the work of specialists. During senior years, psychology students visit medical and social institutions, where they conduct practical research on patients and learn to work with clients.

Social work

In the first year, Social work students study the structure, tasks, and methods of work of territorial centers of social services. These centers are one of the possible places of work in the future for student social workers.

Some advice for future doctors

- Be polite to both staff and patients.
- Follow the internal regulations of the institution.
- Follow good hygiene practices.
- Smoking is allowed only in a specially designated area!
- Check the list of required documents to obtain an internship credit and the rules for their preparation in advance.



Scholarships and their types

State academic scholarship

A monthly payment is assigned to each student admitted to the scholarships for one semester. In the future, the payment depends on academic performance; in the absence of debts and C grades for exams, the scholarship is assigned to the next semester.

State social scholarship

Monthly payment for social categories of students.

The payment of a state social scholarship does not depend on academic performance. Categories of students: disabled children, orphans, disabled people due to hostilities, victims of the accident at the Chernobyl nuclear power plant, who served in military service for at least three years under a contract, taking part in a special military operation in the territories of Ukraine, Donetsk People's Republic and Lugansk People's Republic from February 24, 2022, in the territories of Zaporozhye region and Kherson region from September 30, 2022 until the end of training (upon provision of a document confirming the status of a combat veteran), receiving state social assistance. To receive a scholarship, you must provide supporting documents to the dean's office.

Increased state social scholarship

Monthly payment for 1st and 2nd year students studying well and/or excellently and eligible to receive a social scholarship, as well as for students under the age of 20 who have only one parent - a group I disabled person.

Increased state academic scholarship

A monthly payment is assigned to students for special success in any area of activity: educational, scientific, social, cultural and sports. To qualify for an increased scholarship, you must receive a state academic scholarship and have achievements in any area of activity.

Personalized scholarship from the Moscow Government

A monthly payment for 1st to 4th year students; applicants for it are first-year students who have a medal "For special achievements in learning," established by the Moscow Government. In the future, the conditions for receiving a scholarship are good academic performance, participation in Moscow events and the absence of disciplinary violations.

Material aid

Quarterly (quarter - three months) payment for certain categories of students: these are disabled children, orphans, disabled people due to military operations, victims of the Chernobyl nuclear power plant accident, from families where both parents are non-working disabled people, pensioners, from the families of a deceased serviceman or employees of the Ministry of Internal Affairs who have lost their only, both or one of their parents as a result of death, from large families receiving state social assistance.

A one-time payment within a year after the event for such categories of students as: those who got married, those who gave birth to a child, those who suffered from emergency incidents, those on maternity leave, those who lost a spouse as a result of the death, and those in difficult financial situations. Financial assistance can be obtained from both the University and the Students' Union.

An application for payment from the Students' Union is written once and is received in person with the presentation of a student and Students' union card. Financial assistance from the University must be confirmed quarterly, and the money must be credited to the campus card.

Basic mistakes

- The student forgets to write an application.
- The student is confused about the quarters.
- The student does not bring the required documents.
- The student brings expired documents.
- The student is confused when to bring the document.



You can also get material assistance from the Students' Union. The application is written only once. This financial assistance is issued quarterly in cash at the Students' Union.

Dormitory

The University dormitory includes four buildings, which are located a 15-minute walk from the main building at the address: st. Academician Volgina, 35/37/39/41. Nearby there are hardware and grocery stores (Pyaterochka, Perekrestok, Podruzhka), clinics, parks, a post office, and the My Documents center.

The dormitory has access control

Students can enter and exit the dormitory 24 hours using a permanent student pass. While there is no pass or it is not entered into the dormitory's electronic system, to enter you need: a passport + a receipt for payment of the hostel + a check confirming this payment.

Big things need a pass too

Bringing in and taking out large items (wardrobe, ironing board, chair) from the dormitory is permitted only with a material pass, which is issued by the dormitory caretaker and certified by the manager of student dormitories. If you need to use delivery or cargo transportation services, a special permit is also issued for the entry of vehicles.

Guests

Guests are allowed on weekdays from 17:00 to 22:00, on weekends from 10:00 to 22:00. If the guest's presence is needed at other times, a statement is written and signed by the head of the Student Dormitories Department. The signed application must be handed over to security. At the entrance, the guest is required to provide security with a passport.

Temporary registration required

Nonresident students living in the dormitory must register temporarily. Temporary registration at a new place of stay is issued at the passport office (building 35) for non-residents who are registered at a place of residence outside the Moscow region.

The following documents are required for this:

- passport + 2 copies;
- certificate from RNRMU indicating the duration of study (valid for 10 days);
- a copy of the payment receipt for the hostel;
- a copy of the rental agreement (the agreement is issued in the accounting department: room 2-14, building 35).

How to get somewhere from the dormitory:

to the University - 15 minutes on foot; buses No. 361, 295, 712, busstop. «Student Town»

to the station m. Konkovo – any bus

to the station m. Yugo-Zapadnaya – № 361, 250



About the rules

Violations of the hostel rules may result in a reprimand or eviction.

It's better to read it once.



What will be in the room

In accordance with clause 4.4.1 of the sanitary requirements, each living room must be provided with hard and soft equipment, wardrobes for clothes and shoes, bedding (if necessary, you can get it from the hostel caretaker, and you can contact him for all questions related to equipping the room) . The number of bedside tables, chairs and beds in living rooms must correspond to the number of residents.

Cleaning

Maintain cleanliness in the block and in the common area - in the kitchen and hallway. Each floor's kitchen has a cleaning schedule that must be followed. Every weekend (Saturday, Sunday) a separate block is cleaned. You should draw up a similar cleaning schedule yourself and post it in the hallway of your unit. It needs to provide columns for the full name of the residents and notes on their cleaning on certain days.

Communication with neighbors

The actions of students living in the dormitory are coordinated by the head of the block, floor and building, as well as the administration. There are group chats on the social network VKontakte, thanks to which students receive information and solve problems that arise. If there is no such chat and there is no leader, then create a conversation and introduce the block leader to the floor leader.

Health care

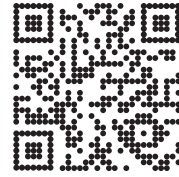
An important point is to be assigned to a medical facility to provide medical care and undergo an annual medical examination. The closest places to the hostel are:

Clinic No. 203 (branch No. 4 DCC No. 1),
st. Academician Bakuleva, 18.

Diagnostic Clinical Center No. 1,
st. Miklouho-Maklaya, 29.

N. B.

You can be assigned to any clinic in Moscow that is most convenient for you. It can also be changed once a year.



Information is on
the official website.

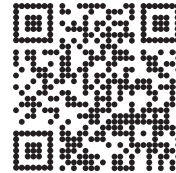


Group of the Dormitory
Council VKontakte:
vk.com/rnimu_dom.

Live comfortably – follow the rules

Rules and reprimands

If you think that official documents with the requirements for the appearance, behavior and study of medical students are boring and useless, we do not agree. In fact, they are very important because they form the legal basis and inform you of your main responsibilities. The rights, responsibilities and standards of behavior of students are reflected in the Charter and internal regulations. Failure to comply with or violation of these and other local regulations of the University may result in a reprimand or even expulsion. Nothing good, in general.



Here are the main regulatory documents that you should familiarize yourself with.

Rebuke

One of the types of disciplinary action. If a student is reprimanded, he must appear at the dean's office and write an explanatory note about the offense committed. Only one reprimand can be issued for one offense.

After the explanatory note, an order is drawn up, which the student must familiarize himself with within three days from the date of its release.

If the student does not receive a new one within a year from the date of the first reprimand, the reprimand will be cancelled.

Expulsion from the university

A disciplinary measure such as expulsion may be applied to a student. The only "good" reason for this is the end of the training period.

Other main reasons for expulsion:

- Incurrence of criminal liability
- Gross violation of the Charter, internal regulations, living in a student dormitory.
- Providing false documents.
- Academic debt, failure to complete the curriculum, failure to pass the state final certification.
- Failure to comply with the terms of the paid services agreement.
- Early (at your own request, for family reasons), when transferring to another educational institution.

Checklists

Detention

It's better to learn and pass right away, but if you suddenly get detention, let's figure out what to do. Below is a small checklist that can help and systematize the actions in preparation for passing the test.

- Realize that detention is not the end of the world, get ready for work.
- Understand the reason for failure at the colloquium/class.
- Highlight topics that you know well and poorly.
- Plan your time so that you study evenly every day.
- Check that you are using all sources of information.
- Review the topics covered the next day.
- Learn the practical part (if available).
- Get enough sleep before taking the exam.

Each faculty has its own peculiarities of training. Check with your tutors.

Advice

Don't put off tasks until the last minute. The sooner you repeat the topic after the seminar, the better it will stick in your head.

Most colloquia are very long, and the more time you have, the less information you can learn each day. Therefore, plan your study time wisely and the amount of material you need to learn.

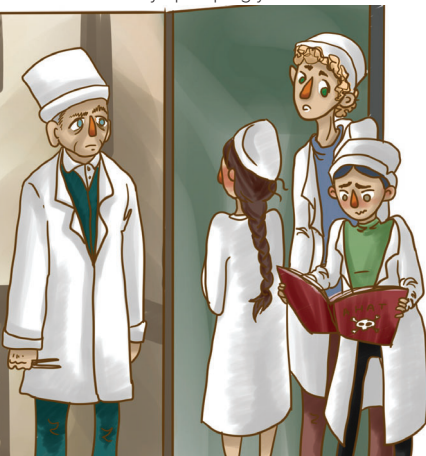
Repeat topics you have already learned. This is a very good way. You can tell it out loud to your grandmother, cat, flower... or anyone. The main thing is to try not to peek into the text. Another good option for the next day is to write everything you have learned on a piece of paper, then sit down with a textbook and fill in the missing details from it. This will make a summary.

Try different memorization techniques: write notes, retell, listen, draw diagrams. This is the only way to choose the technology that is optimal for you.

Remember that "I taught" and "I learned" are different things.

Don't stay up hoping you'll learn more. Hundreds of brothers in misfortune have already tested this, and many of them were not happy with the result.

Rest is also an important part of preparation [procrastination is another].



First month

- Don't get lost on the first day.
- Attend all lectures.
- Bask in the sun near the panel, and then freeze there.
- Fall asleep in the library.
- Remember the teachers' names.
- Go to a meeting with tutors.
- Do all your homework for the week ahead.
- Give a report/abstract in front of the group.
- Getting to detention and realizing that it's not the end of the world.
- Explore all the corridors of the main building and find ways "it's faster there, I checked."



Подготовка к занятию

- Put the notes from the last lecture in order and memorize it.
- Repeat the topic discussed at the seminar.
- Do your homework.
- Make sure you understand the topic
- Answer the questions at the end of the topic (if any).

If the previous steps are successfully completed:

- Look at the AOS for the topics of the next lesson.
- Analyze the topic using the textbook and write down the questions that arise to ask them in class and get points for activity.
- Rest before class (it will be a shame to come prepared and fall asleep).

For the very advanced:

- Check if the topic from the previous lesson is in the exam questions.
- Give a short answer to the exam question.

Useful tips

1. Always have your pass on hand. This is a QR code in your personal mail.
2. Don't be late: this annoys your classmates and teachers.
3. Don't skip classes without a good reason.
4. Behave politely, 95% of people at the University do not get enough sleep.
5. Don't accumulate debts: the more you pass, the harder it is to do it.
6. Don't be afraid of tutors: they will definitely answer your questions!

Students



Here is a page
about all this.

Today, higher education is a synthesis of academic and extracurricular activities. This combination allows, during your studies at the University, not only to become a professional in the field of medicine, but also to develop harmoniously in other areas of life.

What is it like - extracurricular activities at RNRMU?

Extracurricular activities are an opportunity to acquire important and useful skills. Here you can learn different things: leadership, teamwork, stress resistance, etc.

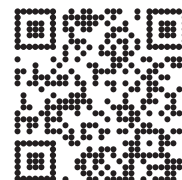
At our University, extracurricular activities are divided into 5 large blocks: social activities, science, cultural and creative activities, sports, and additional education. Within each there are several directions, which can be found within the Kaleidoscope in September and on the following pages of this book.

Potential activists have a lot of doubts, but by becoming part of a team, you gain a lot more power than you expend. You can take part in several directions and choose exactly what you like.

*Educational
activities*
+
*Extracurricular
activities*
=====

Higher education





Vkontakte
@studentsnrmu

Student Council

The Student Council is a student government body, which includes all areas of extracurricular activities (for more details, see the diagram and further in the section).

The **key mission** of the Council is the integration of students into student associations to solve social problems, implement socially significant youth initiatives and increase their involvement in the activities of student government bodies. The work of the Council ensures the interaction of all areas of extracurricular activities with each other, solving organizational issues, organizing leisure time for students and supporting other initiatives.

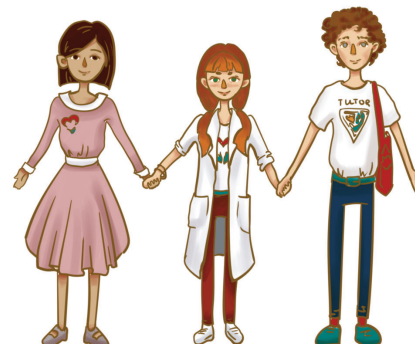
The interests of students at **Council meetings** are represented by members of the Student Council. Members of the Council of Students traditionally include leaders and those responsible for media areas, and from the Heads of the groups association - the Heads of the of faculties and institutes. Meetings of the Student Council are held monthly in an open format.

The **"Student of the Year" competition** is held annually, the results of which are announced in December. The winner receives a grant from the University to implement their project.

At the end of the academic year, the results of the **"Graduate of the Year" award** are summed up. It is awarded to students who have made the greatest contribution to the development of the University.

Also, at the end of the calendar and academic year, a **ceremonial meeting of the Council** is held, at which the rector, vice-rectors and deans are present, and all areas present the results of the work done during the year.

In 2022, the Student Council celebrated its fifth anniversary!





Telegram channel
of the Heads of the
groups association

Heads of the groups association

Heads of the groups association is a student government body that unites heads of groups, courses and faculties. The heads of the faculties are included in the Council of Students.

The Heads of the courses coordinate the activities of the Heads of the groups and interact with the University administration.

The Head of the group is a student of the RNRMU, who is a link in the system of organizing the educational process between students, student government bodies and the University administration.

Hierarchy of Head of the groups in ascending order:

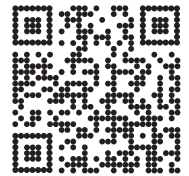
- head of the academic group;
- head of the course;
- head of the faculty.

Functions of the head of the group:

- assistance to students in their group;
- maintaining discipline in the group;
- notifying students about the organization of training sessions, drills, the procedure for taking tests and exams;
- dissemination of information about important changes in university life and decisions of the administration of RNRMU;
- informing students about the opportunity to participate in extracurricular activities and events organized at the University.

Projects and events organized by the Heads of the groups association:

1. "School of head of the group" - a project aimed at training and teaching first-year students who want to become head of the group;
2. "Spring educational intensive" - a project for the development of advanced skills, including lectures, training and workshops for the head of the group.



VKontakte
@nimu_pirogov_tutors

Tutor movement

Tutors of academic groups

There are two tutors assigned to your group. They will try to ensure you a quick and painless adaptation to our University.

At the first meeting, tutors will show the location of departments and classrooms in which classes will be held. They will help you figure out the schedule, tell you how a seminar differs from a lecture, what a colloquium is, and what exams await you in the first year.

Over the course of the year, they will share their experiences and life hacks, provide psychological support, and help solve problems with the dean's office. If you have urgent questions, you can call them or write on social networks.

Tutors-teachers

Will help you deepen your knowledge of subjects such as anatomy, histology, biology, chemistry, topographic anatomy and operative surgery.

You can sign up for classes with them through the Tutor Movement group on the VKontakte social network.

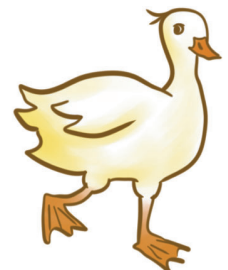
N. B. Students who offer assistance for monetary compensation are not tutors.

Dormitory tutors

A new direction for tutors that helps students adapt to life in the dormitory.

Since 2018, tutors of academic groups, together with groups of first-year students, have been participating in the "Project School". This is the creation and implementation of freshman projects with the support of their tutors. The event will help you develop cross-professional skills, project thinking, leadership skills, and develop programs that will improve the lives of students at the University.

This year, tutors will hold thematic meetings on critical thinking. What will they be about? We all know that to study at the University, a student must have critical thinking skills, the basics of which will be taught by a tutor at meetings.





VKontakte:
@mimu_dom

Dormitory Council

The Dormitory Council is a student government body that unites students living in the hostel. It's no secret that living away from your family and hometown is associated with many everyday difficulties, and when you study at a medical university, it is doubly difficult.

Members of the Dormitory Council are committed to fixing this. They are engaged in landscaping the premises of buildings, participate in the development of infrastructure and organize leisure time for residents, and also represent the interests of students before the University administration. On campus there is a structure of prefects: buildings, floors and each individual block. Communication has been established between residents, so that anyone can ask a question or ask for help and quickly receive a response. Senior students always meet newcomers halfway and help them adapt to a new environment.

At the initiative of students, a student space was organized on the territory of the hostel (41 building, 2nd floor) with an equipped area for self-study. In the evening, everyone can join creative and leisure activities.



Vkontakte
@pirogovtrainers

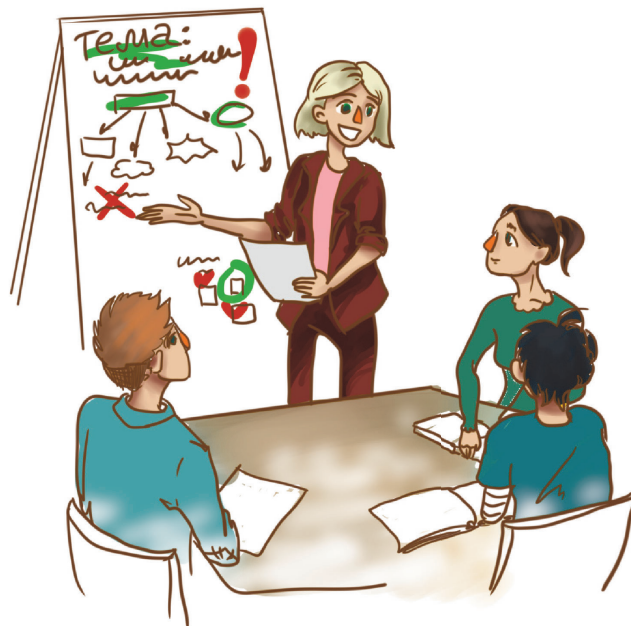


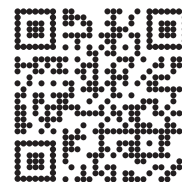
Telegram channel
@pirogovtrainers

Training center

In today's rapidly changing world, the need for new knowledge and skills is constant. To master and consolidate the soft skills necessary for work and everyday life at the University, there is a Training Center. We create and implement educational programs for activists of other directions, students and schoolchildren who want to enroll with us.

In addition to implementing educational programs, trainers carry out their systematic work in four main departments: media, design, logistics and KPI. There is also a division of co-trainers, consisting of students who have currently passed certification testing and now supports trainers.





Vkontakte
@ciom_rimu

The Center for Public Opinion Research

The Center for Public Opinion Research (CPOR) is a team of students who dream of implementing the best medical education at our University.

Main projects in education:

- анонимные онлайн-опросы для обучающихся;
- инфографика с результатами опросов;
- повышение компьютерной грамотности активистов.

Help others:

- researchers and project teams: create a questionnaire for your project or research;
- directions: collect feedback during or after the event;
- careful students: they advise if we already know the answer, and help us find out the answer if we don't have it yet;
- employees: upon request, they can upload feedback from surveys.



Mission direction

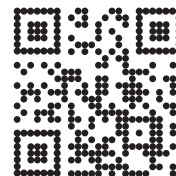
Increasing the level of quality of education to prepare competent specialists involved in the development of medicine and saving human lives.

Sub-areas of activity in the team:

- analytics – creating surveys and processing the collected data;
- infographics – preparing a beautiful visualization of the results obtained;
- media – coverage of results on the University's pages on social networks;
- science – planning and conducting sociological research.



VKontakte
@mediarnimu



Telegram channel
@mediarnimu

Media center

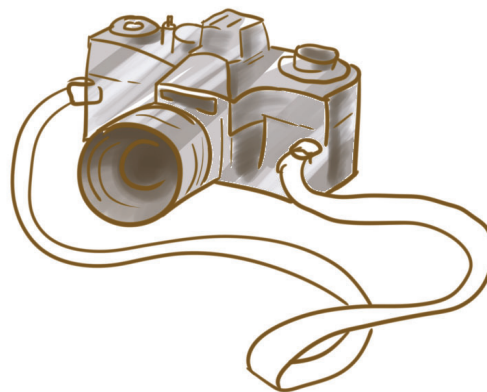
Media center "Pirogov2med" is an area of extracurricular activities dedicated to covering University events and teaching media skills. Over the years of its existence, more than 700 technical assignments in other areas have been completed.

«Media School»

Annual training within the framework of the "Media School" project, in which more than 150 people participate, is carried out in five main areas: design, photography, directing, copywriting, video making. Graduates have the opportunity to develop their skills in teams that run pages for other areas of extracurricular activities on social networks, or remain in the core team of the Media Center.

Magazine «Pirogov2med»

The magazine "Pirogov2med" talks about the academic and extracurricular life of the University. All areas of extracurricular activities take part in the creation.



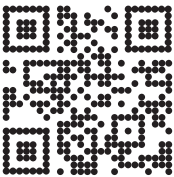
Clips from RNRMU

Short and funny videos are published in the official group of the Pirogov Russian National Research Medical University on the social network VKontakte. Created with the assistance of the KVN team.

Student magazine

The first issue came out six months ago. The magazine covers the life of a student before and after entering the University. Students talk about the secrets of admission, preparation for exams and their extracurricular life.

The results of the work of photographers, videographers, designers, copywriters and video makers can be seen in the telegram channel of the Pirogov2med Media Center.



Vkontakte
@so_rsmu

Student Brigades Center

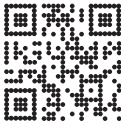
Student Brigades Center of the RNRMU is an area of extracurricular activities created together with the Moscow regional branch of the All-Russian Youth Public Organization "Student Brigades Center". The main goal of the direction is the employment of students in the summer in Moscow and the regions as paramedical personnel and as nurses.

In addition to gaining competencies in a professional environment, participants of student brigades can reveal their talents and gain new experience by participating in sports, creative and volunteer activities, as well as attend all-Russian forums aimed at improving professional skills and leadership qualities.

Student brigades give an opportunity to travel to different parts of our vast country, to live and work in other regions and see how medicine really works. This is a large team of like-minded people, ready to provide support and assistance in any life situation.

At the moment, within the University Student Brigades Center there are three student medical brigades and one search brigade.

Brigade Aegis



Vkontakte
@rsmu_aegis

Brigade Caduceus



Vkontakte
@smokadycyey

Brigade Hecate



Vkontakte
@2medhecate

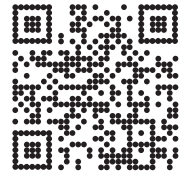
Search team Rearguard



ОТThe Search team is working to perpetuate the memory of the defenders of the Motherland. Field search work is regularly organized every season. In addition, archival documents are being studied and assistance is being provided at the Museum of History of the RNRMU and domestic medicine. The search team organizes visits to historical exhibitions and film screenings for University students.



Vkontakte
@poisk_club_rsmu



Vkontakte
@volnimu

Volunteer Center

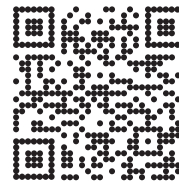
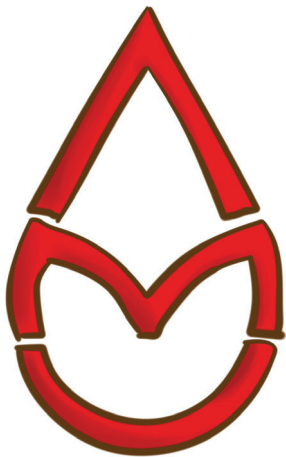
RNRMU Volunteer Center started its first activities in 2012. Volunteers gave master classes in children's hospitals and orphanages, and helped organize events at the University. Every year the number of volunteers is increasing and new directions are appearing.

Today the Volunteer Center is:

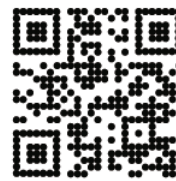
- 8 areas of volunteer activity;
- 11 projects;
- about 1,000 volunteers annually;
- dozens of partner schools;
- several partner funds;
- assistance to 4 children's hospitals;
- assistance to 2 hospitals for adults;
- assistance to 3 boarding schools/orphanages;
- mutual aid headquarters #wearetogether;
- 62,000 beneficiaries for the 2022/2023 academic year.

Every month new students come to us, ready to do good and help people, animals and our planet. We invite you to join the kind University team!





Vkontakte
@donor_rnmu



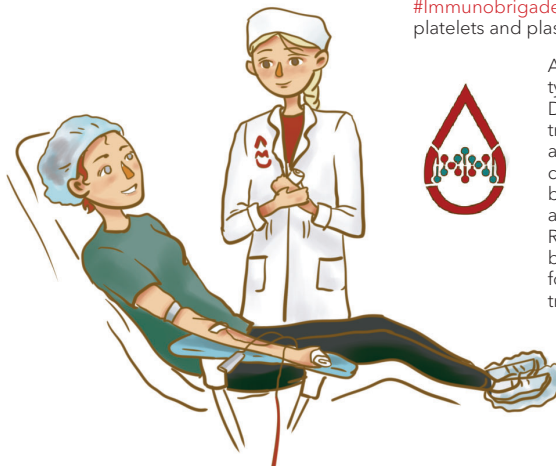
Vkontakte
@rdkm_rnmu

Donor movement

This year, the Donor Movement of the RNRMU celebrates its 15th anniversary since its revival, as well as 82 years since its founding.

You can start helping patients long before receiving your diploma. To do this, you just need to become a blood donor! The University Donor Movement is the largest association of donors in Russia. Every year RNRMU holds four donor campaigns, during which more than two thousand people donate blood. At our donor events, you can not only donate blood, but also take the first step towards saving someone's life by joining the Federal Bone Marrow Donor Registry. If you have never heard of it, our organizers will be happy to tell you more about it.

A friendly and united team of the Donor Movement organizes donor events. If you want to become part of it, follow the news in the group: very soon there will be an announcement about the start of a new set!



Let's tell you a little more about the donor route.

First you need to register in your donor's personal account. This is necessary in order to avoid queues and so that all documents are ready when you arrive for blood donation.

Just before donating blood, the donor undergoes a free medical examination by a transfusiologist and laboratory testing, where **the blood type, Rh factor, Kell factor and hemoglobin level** are determined. A potential donor is allowed to donate blood if the doctor has not identified any contraindications to donation. By the way, only **450 ml** of whole blood is donated, which is subsequently divided into plasma, red blood cell suspension and platelets, so one donation helps three patients.

As a bonus, a week after donating blood, it is possible to download test results in the donor's personal account, it can be useful for medical examinations. In addition, you can become a regular donor of our hospital – RDKB (Leninsky Prospekt, 117), as well as join University projects such as **#Immunobrigade** and **#Kellplusbrigade**, and donate granulocytes, platelets and plasma.



At the same time as donating blood, you can undergo HLA typing to join the Federal Register of Potential Bone Marrow Donors. Why is it important? The need for bone marrow transplants in Russia is 5,000 people per year, half of which are children with various immunodeficiency conditions, cancer, severe autoimmune diseases and non-malignant blood diseases. At the same time, the probability of finding a genetic "twin" is 1:10,000. More potential donors in the Register means a higher chance of salvation. Whether to become a stem cell donor or not is up to everyone to decide for themselves. At the moment, thanks to our Register, 17 transplantations have taken place!



Students' Union

The Students' Union is a voluntary public association of students of the RNRMU, which is part of the Professional Union of Healthcare Workers in Moscow.

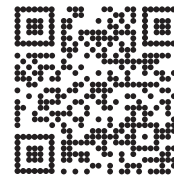
The primary goal of the Students' Union is to support University students.

Students can get advice on social and legal issues and learn about their rights. You can always ask the Students' Union for help if you have problems studying at the University.



Become a part of a large, student-friendly community - join the Students' Union.

The union is your fulcrum!



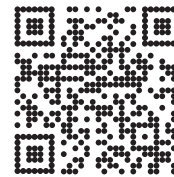
Vkontakte
@profkomrnimu

Members of the Students' Union have special privileges:

- receiving advice on payment issues and the educational process;
- registration of financial assistance from the association;
- loyalty program “SKS-bonus”, as well as various discounts to shops and anti-cafes with a union card;
- trips to theaters at a discount;
- attendance at cultural and leisure events of the Students' Union at a discount or free of charge;
- implementation of one's own projects and ideas, participation in the work of the Students' Union.

Internal directions of the Students' Union:

- cultural and leisure center ChillOut;
- the team is engaged in the sale of discounted tickets to interesting performances in Moscow theaters, concerts and events for members of the Students' Union;
- every month a new poster with events (or performances) and group trips to the theaters.



Vkontakte
@sno_nrmu

Student Scientific Society

RNRMU Student Scientific Society (SSC) is the first of extracurricular activities, which appeared in 1935 and included 21 clubs. Currently, 97 student scientific clubs are registered within the SSC, which are divided into five areas: surgery, therapy, pediatrics, humanities and basic sciences.

The SSS Council has been created, consisting of a chairman, deputy chairman and members of the Council. Members of the SSS Council are part of one of four departments: the document management department, the secretariat, the organizational department and the media department.

What does SSC do?

Our main goal is to unite University students on a voluntary basis to boost their scientific potential. The work of the SSC is based on the principles of self-government and is transparent. With us, you can begin scientific activity: participate in conferences, olympiads and other events that will allow you to deepen your knowledge for a future career, gain points for residency, find like-minded people and take part in organizing intra-university and inter-university events

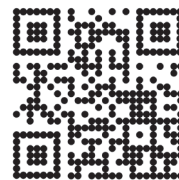
The main annual scientific event is the [International Pirogov Scientific Medical Conference of Students and Young Scientists](#). You can become not only a spectator, but also an organizer or participant.

You will find more detailed information on how to join the Student Scientific Society or the Council of Student Scientific Society in our group on the VKontakte social network.





Vkontakte
@kultura_rnimu



Telegram channel
@kultura_rnimu

Culture and creativity

The "Culture and Creativity" direction is a special place where the creative energies of students, teachers and staff of the University converge. Here you can immerse yourself in the world of art and culture, develop talents, try yourself in new genres, participate in creative projects, perform at competitions and festivals, propose and implement your own ideas.

There are currently 22 subdirections organized by students and the University. If you don't find something you like, they will support you in creating a new one and help you find like-minded people.

Vocals

Choral studio "The Healing Power of Music", academic and pop-jazz vocals, vocal group Vocalfla.

Music

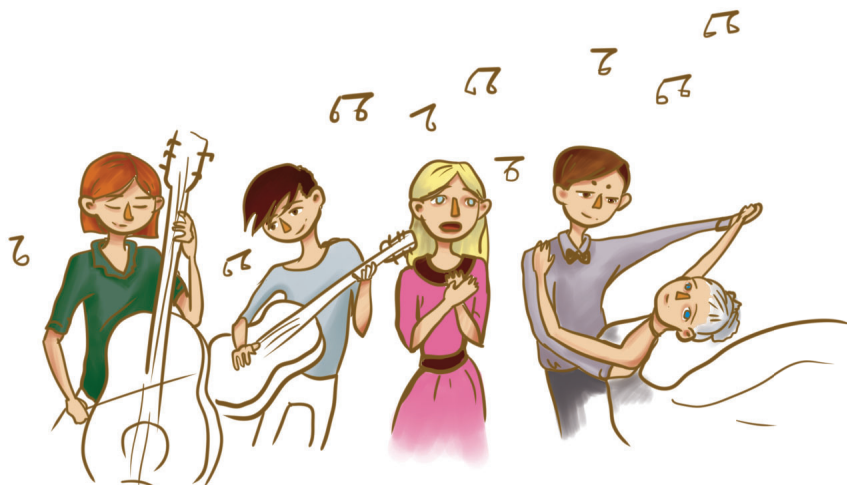
Orchestra "Anatomy of Music", ensembles, pianists, cover bands, music club "On the Steps".

Dancing

Modern dance studio Nemezidance, historical dance studio «Pirogov», Folk dance studio, Latin American dance studio Latina Fusion, dance studio «Contrast».

Theater direction

Theater studio «Twelve», School of MCs.

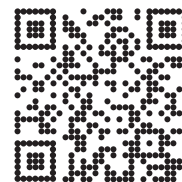


Interest clubs

StandUp Club, book club «RNiobook», poetry club Carpe Diem, drawing club «Teo», Oriental Culture Club, Cinema Club, Intellectual Games Club, discussion club «MEDOROSL», Creative workshop.

Projects

Educational course "Cultotherapy", competitions "Step on Stage", "Talents of RNIMU", "Miss RNIMU", choir festival "With Music in the Heart", StandUp tournament Placebo, media projects #without_masks and #2medcore, ball "Pirogov".



Vkontakte
@zemlyachestva_
rnimu

Council of Student Hometown Associations

Council of Student Hometown Associations (CSHA) was created on October 6, 2012.

CSHA is the largest international student organization at RNRMU, which includes **more than 24 national associations**: fraternities, clubs and communities.

The main goals of the Council are to coordinate the actions of national public organizations, participate in the process of student self-government, popularize the cultures of different countries and peoples, and strengthen international friendship.

The direction is being developed for the benefit of foreign and Russian students of RNRMU, contributing to the adaptation of students within the University, striving to meet its high mission and goals.

Every year, the CSHA organizes **more than 10 fairs**, many cultural and creative events and implements educational and **educational activities**, contributing to the creation of a tolerant international environment at the RNRMU.

The Council includes the chairmen of all voluntarily united communities that share the ideas of friendship and cooperation between nationalities and take part in the public life of the University.

Today the following communities are represented at the University:

Abkhazian, Adyghe, Azerbaijani, Arabic, Armenian, Belarusian, Bashkir, Vietnamese, Georgian, Dagestan, Jewish, Ingush, Iranian, Kazakh, Karachay-Balkarian, Kyrgyz, Moldavian, Nogai, Ossetian, Tajik, Tatar, Turkmen, Uzbek, Chechen.





Vkontakte
@sportclub_rnimu



Telegram channel
@pirogovteam

Student sport club

The Pirogov Sport Club was founded in November 2016.

It is a member of the Association of Student Sport Clubs of Russia and annually takes part in the Moscow Student Sports Games, the Student Rowing League, the Student Running Community Cup, the Moscow Student Cheer League, the Spartakiad of Students of Medical and Pharmaceutical Universities of Russia, the Moscow NLPF Championship and other competitions.

Directions of the Sports Club

High performance sports

These are national teams representing the University at competitions at various levels. If you have been involved in professional sports, come to the selection and don't miss the opportunity to join the main team.

Amateur sports

It is represented by 26 sports areas, which anyone can join, regardless of their level of physical fitness. Choose the section you like and come to training!

Organizational center

Deals with organizational issues of the Student Sports Club: planning and organizing events, searching for partners, supervising sections. If you know what is best and are not afraid to take responsibility, then this direction is for you.

Sports Club Media Centre

Informs about all events, news and victories! If you are interested in creating sports content, developing in the field of copywriting, interviews, photography and video of sporting events, then we will be glad to welcome you to our team.

Individual sports:

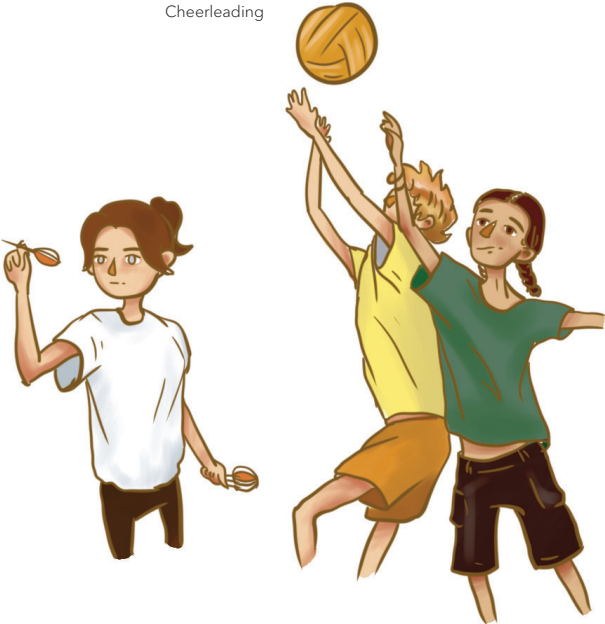
- | | |
|------------------|----------------|
| Ultimate Frisbee | Athletics |
| Badminton | Table tennis |
| Billiard club | Swimming |
| Boxing | Sambo |
| Tennis | Airsoft |
| Judo | Fencing |
| Darts | Figure skating |
| Yoga | Chess |

Team sports:

- Rowing
- Basketball (men's and women's)
- Volleyball (men's and women's)
- Mini-football (men's and women's)
- Hockey
- Cheerleading

Additional sports:

- Travel club
- Mountain Club
- Stretching



Be Eco!



Being eco-friendly at RNRMU is easy!

In the eco-corner near the panel there are containers for collecting caps, receipts, blisters for medicines and office equipment, small boxes for pens and markers, toothbrushes and plastic cards.

Important: recyclables must be clean, dry and compact.

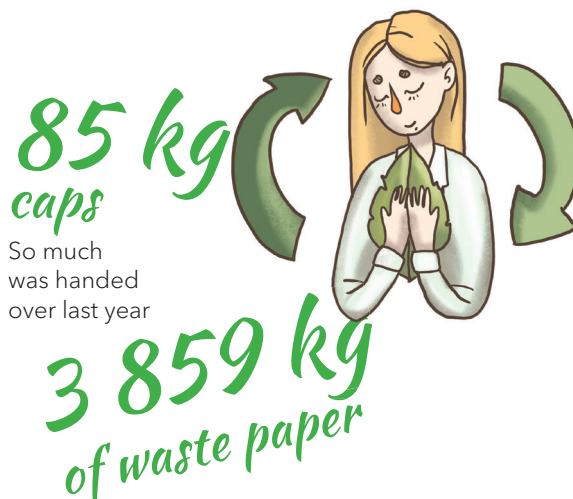
Containers for collecting waste paper and bottles are located on each floor near the stairs and in the corridors.

Invited speakers regularly conduct lectures, webinars and trainings for students and employees, our partners organize excursions to waste processing factories, and volunteers also organize joint events with large companies and cleanup days.

An important part is educational activities for schoolchildren: volunteers conduct eco-lessons both in person and online.

In such a big undertaking, many areas of the Student Council are involved, thanks to which various formats of events are organized: master classes, film discussions, thematic meetings of student scientific circles.

It's easy to get started with ecology, take a step towards conscious consumption!



Konakovo

If you hear somewhere within the walls of the University: "Place of Power", then we are talking about the educational, sports and health complex "Konakovo".

Contrary to popular belief, the recreation center is located in the Tver region, and not near the Konkovo metro station. For the trip, the University orders a bus on which students travel to their destination. Field events are never completed in one day, and participants come overnight. Three meals a day are provided by the University.

There are two sleeping complexes at the base:

№ 1 – the first coastline near the Volga;

№ 2 – the second coastline near the Volga.

The buildings have a full range of goods: plumbing, beds, cabinets and wardrobes. And the most important thing at the recreation center is pleasant neighbors. For lovers of an active lifestyle, a gym and sports ground are open. Each trip ends with a traditional photo of all participants.

What happens at the recreation center?

- Training and certification of tutors and volunteers.
- On-site meetings of the Council of Students and the "Active School".
- Certification within the framework of the "School of Heads of the groups", educational intensive course of the Heads of the groups association.
- Sports camps.
- Off-site meetings of the Cultural and Creative Sector.
- Internships of Faculty of Biomedicine students.
- Departure of the organizers of the Donor movement.



Let's stay in touch!

Official media resources

Official site:

pirogov-university.com

Vkontakte social network:

@rnimu

Telegram channel:

@daily_2med

Odnoklassniki social network:

@rnimu

Yandex.Zen:

@rsmu

Student Council

Vkontakte social network:

@studentsrnmu

Telegram channel:

@pirogovstudnews

Tutor movement

Vkontakte social network:

@rnimu_pirogov_tutors

Freshman Book (2023)

Published since 2019. Created to immerse students in the life of the Pirogov Russian National Research Medical University (RNRMU). The author of the first text and structure is Marina Getmanskaya (Faculty of Biomedicine), author of the design - Yulia Perevarova (Faculty of General Medicine), illustrator - Vera Mishanina (Faculty of General Medicine), layout - Dina Sigunova (Faculty of Pediatrics).