

Federal State Autonomous Educational Institution of Higher Education «N.I. Pirogov Russian National Research Medical University» of the Ministry of Health of the Russian Federation

> **Department of Hygiene** Institute of Preventive Medicine named after Z. P. Solovyov

International School of Medicine

QUESTIONS FOR MODULAR CURRENT (BOUNDARY) CONTROL "COMMUNAL HYGIENE"

- 1. Population health and factors shaping it. Prevention.
- 2. Healthy lifestyle and ways of its formation in the population.
- 3. Atmospheric air as an external environment: natural chemical composition of air and its physical properties. Climate and weather: complex influence of meteorological factors on the human body.
- 4. Sources of atmospheric pollution. The impact of atmospheric air pollution on human health. Measures to reduce atmospheric air pollution.
- 5. Microclimate: definition and its properties. Hygienic requirements for the microclimate of premises.
- 6. The importance of air humidity, its influence on thermoregulation processes. Methods of measuring air humidity.
- 7. Solar radiation and its role in providing life on Earth: light climate, biological significance of the visible part of sunlight.
- 8. Hygienic requirements for natural lighting of premises.
- 9. Hygienic requirements for sources of artificial lighting.
- 10. Hygienic characteristics of sources of artificial lighting (incandescent lamps, fluorescent lamps, LED lamps).
- 11.Biological significance of the ultraviolet part of the solar spectrum. Photoophthalmia: definition, prevention when using ultraviolet with a predominant spectrum "C".
- 12. Sources of artificial ultraviolet radiation, their characterization of the emission spectrum and methods of application.
- 13. Prevention of ultraviolet insufficiency.
- 14.Bacterial contamination of indoor air. Sanitation of indoor air.
- 15.Comparative hygienic characterization of water sources.
- 16. Hygienic requirements for water quality of drinking water supply sources.
- 17.Non-centralized (local) water supply, hygienic requirements for water quality in local water supply.
- 18.Infectious diseases transmitted by water. Features of the course of epidemics of water origin.
- 19. Methods of improving the quality of drinking water.
- 20. Methods of water disinfection and their hygienic evaluation. Water disinfection in emergencies.
- 21.Methods of water chlorination, their hygienic assessment. Chlorine demand of water.
- 22. Methods of clarification of drinking water.
- 23.Norming of drinking water quality (normative documents, normed indicators).
- 24. Assessment of drinking water by bacteriological indicators.
- 25. The role of soil in the transmission of endemic, infectious, and parasitic diseases.
- 26.Soil contamination and self-purification.

27.Biogeochemical provinces. Endemic diseases. Prevention.