

STUDENT SAFETY INDUCTION

Preparing for the trip. Going abroad, remember that you may find yourself in an unfamiliar environment - in a country with a different climate, different standards of behavior in public places, requirements for appearance, unusual food, and a special work schedule for organizations and institutions. Therefore, you should familiarize yourself with the features specific to the state you plan to visit in advance. This will help you prepare for the trip, take the necessary things with you.

It will not be superfluous to read reviews of other people about staying in a particular country, city.

Please check documents (passport, visa, tickets, insurance, etc.) before leaving, make copies of them. Phones of the embassy and the nearest consular office of the Russian Federation in the intended country of residence may be useful.

Necessary documents for the trip.

Before leaving for the airport, please check for the following documents:

- foreign passport with an open visa
- airline tickets (save until the end of the trip)
- medical insurance
- confirmation of the transfer (if ordered)
- photocopy of tickets, pages of a foreign passport with photo and visa

Arrival at the airport. You should arrive at the airport for check-in for international flights no later than 3 hours before departure, for domestic flights - 1 hour before. We remind you that check-in ends 40 minutes before the flight departs. When collecting your suitcases for your trip, please note that many things may be prohibited for carriage by air, and there are special rules for hand luggage, which are best to check with the airline in advance. Do not lose coupons for your checked baggage, you will need them in case of loss.

Arrival Rules. When passing through passport control, you should calmly and politely answer all questions asked by the officer (you should know the purpose of your trip). When passing through passport control, you should have a passport, an invitation from an educational institution, medical insurance and return tickets with you, they can be required by a passport control officer.

Medicine. To receive timely medical care, you should immediately call the emergency phone number indicated on the policy and inform the policy number, your last name and the nature of the assistance required. We always recommend that you have with you a copy of your passport with a visa and a copy of health insurance, as well as take a minimum set of medicines that you have already taken and you have no contraindications or allergies to these drugs (do not take new and unfamiliar medicines with you)) Take along

antiviral medications for colds and sore throats, painkillers, antiallergic drugs, nausea and abdominal pain, antiseptics, cotton wool, bandages.

Water. It is not recommended to use tap water, as water not familiar to the stomach can cause intestinal upsets. We recommend buying bottled purified water.

Rules of conduct abroad. In order to prevent the occurrence of unwanted incidents in an unfamiliar country, it is recommended: not to be rude, not to raise voices, not to show arrogance and neglect, and not to allow offensive statements in public places, not to appear in public places at night after 00:00, to avoid adverse areas of the city.

Please do not forget about the need to comply with and respect local laws, traditions and customs. Some seemingly innocuous actions, statements or even gestures in a given situation may be unacceptable in the country where you arrived, and subsequently overshadow or completely ruin the trip. When you are abroad, as, indeed, in your own country, never forget about reasonable caution and discretion.

You should leave the country strictly before the end of the Schengen or other visa, or after 90 days of continuous stay in the Schengen area. Each delayed day entails a fine (the amount of the penalty varies in each country, on average more than 100 euros per day) and the subsequent ban on entering the country for 5 years. The maximum stay in the Schengen countries is 90 days

Follow all the rules of conduct established by the educational institution and the rules of living in a family / residence / apartment. If you have any problems, contact your curator or an employee of the educational institution, or contact the group of academic mobility of the international school of medicine (**interdep@rsmu.ru, 8-495-434-30-74**)

In case of unintentional or intentional violation of the rules of staying abroad, loss or theft of documents, detention by local authorities, the student immediately informs the academic mobility group of the international school of medicine (interdep@rsmu.ru, 8-495-434-30-74)

If your passport is lost. In case of loss of a passport outside the Russian Federation, you must immediately contact the Russian diplomatic mission or consular office in the host country to obtain a certificate of entry (return) to the Russian Federation. If the Russian foreign agency is located far from your location, we recommend that you first contact its staff by phone and get additional clarification regarding the required documents.

To obtain a certificate you should submit:

- application for the issuance of a certificate (a form can be obtained from a Russian foreign institution);
- two photos (size 35 x 45 mm);
- an internal passport (if any) or written statements of at least two citizens of the Russian Federation confirming the identity of the applicant and his Russian citizenship (certified by a foreign institution). In order to confirm his identity, the applicant may submit other

documents: a driver's license, an official certificate with a photograph, etc. In this case, the overseas office carries out an additional verification of the information about the applicant.

Actions in case of a traffic accident, attack or theft, detention by law enforcement agencies. Often accidents with Russian citizens abroad are associated with the use of vehicles. Therefore, it is necessary to pay increased attention both in the case of driving, and when choosing a vehicle provided for the transportation of tourists. In a traffic accident, you must first call an ambulance (if someone is injured and medical attention is required), wait for the police (transport police). It is recommended to insist on a protocol at the scene. Sometimes, an additional investigation is required to determine the cause of the accident and the degree of guilt of each party.

If a theft or attack was committed against you, first of all, you need to report the incident to the law enforcement authorities for a possible resolution of the crime in hot pursuit and an investigation. It is necessary to draw up a protocol, in case of theft - with an indication of the list of missing things and their approximate cost. It is also recommended to report the incident to your supervisor, if any, or to an employee of the educational institution.

In case of detention or arrest, do not resist, as this can aggravate the situation and provoke law enforcement officers to use physical force or even weapons. It is not recommended to speak with representatives of law enforcement agencies, as well as to sign any protocols and other documents in a foreign language in the absence of an interpreter or a lawyer, since such evidence under the laws of several countries can be the basis of a charge of a crime. You have the right to demand the opportunity to contact the nearest Russian diplomatic mission or consular post or to send him a written notification of the fact of the incident. Specific assistance from Russian consular posts may be to assist in establishing contacts with relatives or friends of the detainee, to monitor compliance with procedural rules, including in terms of compliance with local and international law, to find lawyers, to clarify all the circumstances of the case.

Emergency Guidelines

If you find yourself in an emergency zone (terrorist attack, natural disaster), if possible, immediately inform the embassy or consulate of the Russian Federation about yourself, your relatives and friends. If the telephone numbers of the Russian consulate in this region are not known, we recommend that you inform the employee of the educational institution or relatives about yourself.

I have read and understood

Date _____

Signature _____ / _____ Signature decryption /